

# August



Monday	Tuesday	Wednesday	Thursday	Friday	<b>BREAKFAST</b>	
					<p><b>Choice of ...</b> Breakfast Special or Reduced Sugar Cereal</p> <p><b>Offered Daily:</b> Assorted Whole Fresh Fruit Skim &amp; 1% Milk</p>	
<p>15</p> <p>Waffle Sticks w/Syrup Peaches Orange Chicken w/Brown Rice Pineapple</p>	<p>16</p> <p>Yogurt w/Fruit &amp; Granola Mixed Fruit Cheese Nachos w/Ground Beef Mandarin Oranges</p>	<p>17</p> <p>Banana Chocolate Chip Muffin w/Cheese Stick Apricots Chicken Nuggets w/Dinner Roll Peaches</p>	<p>18</p> <p>Whole Wheat Breakfast Bun Pears Pizza w/Tossed Salad Mixed Fruit</p>	<p>19</p> <p>Egg &amp; Colby Breakfast Taco Pineapple Ham &amp; Cheese Sandwich w/Juice Bar Apricots</p>	<p><b>LUNCH</b></p> <p><b>Choice of...</b></p> <ul style="list-style-type: none"> <li>- Entrée Special</li> <li>- PB&amp;J Sandwich</li> <li>- Salad with Tuna, Cheese or Turkey</li> <li>- Seasonal Fresh Fruit with Yogurt &amp; Muffin</li> </ul> <p><b>Assorted Whole Fresh Fruit and Vegetables</b></p>	
<p>22</p> <p>French Toast w/Syrup Applesauce Beef Tacos w/Spanish Rice Pears</p>	<p>23</p> <p>Cinnamon Roll w/Orange Glaze Peaches BBQ Chicken Sandwich w/Tater Gems Pineapple</p>	<p>24</p> <p>Hummingbird Muffin w/Cheese Stick Mixed Fruit Bean &amp; Cheese Burrito w/Grapes Applesauce</p>	<p>25</p> <p>Sunrise English Muffin Apricots Meatballs w/Mashed Potatoes &amp; Gravy Peaches</p>	<p>26</p> <p>Whole Wheat Breakfast Bun Pears Chicken Patty Sandwich w/Corn on the Cob Mixed Fruit</p>	<p><b>Our Famous Low-Fat Ranch Dressing</b></p> <p><b>Milk Varieties:</b></p> <ul style="list-style-type: none"> <li>Skim White</li> <li>1% White</li> <li>1% Chocolate</li> <li>1% Strawberry</li> </ul>	
<p>29</p> <p>Pancakes w/Syrup Mixed Fruit Corn Dog &amp; Baked Chips Apricots</p>	<p>30</p> <p>Ham &amp; Cheese Quesadilla Apricots Rotini w/Meatsauce &amp; Tossed Salad Fruit Crisp</p>	<p>31</p> <p>Pumpkin Muffin w/Cheese Stick Pears Chicken Nuggets w/Dinner Roll Mandarin Oranges</p>	<p><b>DEAR PARENTS: PLEASE REMEMBER IT IS VERY IMPORTANT TO FILL OUT A FREE AND REDUCED MEAL APPLICATION FOR THE NEW YEAR 2011-2012.</b></p>			<p></p>
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Denotes Vegetarian Denotes Pork Denotes Turkey Denotes Beef

Menu is subject to change due to availability



For further information or questions regarding  
Child Nutrition Program please contact us at  
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**PRICES**

Breakfast is free for all our students  
Lunch full price \$1.00 reduced price 40¢  
Adult meals: Breakfast \$1.00 Lunch \$2.00

This institution is an equal opportunity provider.