

August



Osborn Middle School

Monday	Tuesday	Wednesday	Thursday	Friday	BREAKFAST
		10 Pancakes w/Syrup & Turkey Sausage Pears French Bread Pizza	11 Whole Wheat Breakfast Bun Pineapple Rotini w/Meat Sauce	12 Sausage Breakfast Pizza Applesauce Hot Dog w/Potato Wedges	Choice of ... Breakfast Special or Reduced Sugar Cereal Offered Daily: Assorted Whole Fresh Fruit Skim & 1% Milk LUNCH Choice of... Entrée Special or M-Th Deli Sandwich with Baked Chips F- Seasonal Fruit with Yogurt & Muffin 100% Fruit Juice & 1% Milk SALAD BAR Is included with every Student Lunch - Assorted whole fresh fruits and vegetables - Our famous Low-Fat Ranch Dressing - A variety of lean protein sources - Freshly baked Wheat Dinner Rolls
	15 Waffle Sticks w/Syrup & Turkey Sausage Peaches Grill Cheese w/Dill Spear	16 Yogurt Prafait w/Granola Mixed Fruit Orange Chicken Bowl	17 Banana Chocolate Chip Muffin w/Cheese Stick Apricots Cheese Nachos w/Jalapenos	18 Whole Wheat Breakfast Bun Pears Meatballs w/Mashed Potatoes & Gravy	
22 French Toast w/Syrup & Turkey Sausage Applesauce Chicken Nuggets	23 Cinnamon Roll Peaches Taco Salad w/Ground Beef	24 Hummingbird Muffin w/Cheese Stick Mixed Fruit Bean & Cheese Burrito	25 Sunrise English Muffin Apricots Pasta Primavera w/Diced Ham	26 Whole Wheat Breakfast Bun Pears Chicken Patty Sandwich w/Tater Gems	
29 Pancakes w/Syrup & Turkey Sausage Mixed Fruit French Bread Cheese Pizza	30 Ham & Cheese Quesadilla Apricots Rotini w/Meatsauce	31 Pumpkin Muffin w/Cheese Stick Pears Baked Chicken w/Waffle Stick & Syrup	<p style="text-align: center;">DEAR PARENTS: PLEASE REMEMBER IT IS VERY IMPORTANT TO FILL OUT A FREE AND REDUCED MEAL APPLICATION FOR THE NEW YEAR 2011-2012.</p>		

Denotes Vegetarian
 Denotes Pork
 Denotes Turkey
 Denotes Beef

Menu is subject to change due to availability



For further information or questions regarding Child Nutrition Program please contact us at (602) 707 2021 -Hablamos Español -

Visit our web site @ www.osbornet.org/Menus

PRICES

Breakfast is free for all our students
 Lunch full price \$1.00 reduced price 40c
 Adult meals: Breakfast \$1.00 Lunch \$2.00