

FEBRUARY



Monday	Tuesday	Wednesday	Thursday	Friday	BREAKFAST
<p>Physical activity tips Physical activity can be spread throughout the day. Encourage your child to do 10 minutes or more at least six times a day.*</p>					<p>Choice of ... Breakfast Special or Reduced Sugar Cereal Offered Daily: Assorted Whole Fresh Fruit Skim & 1% Milk</p>
		1 Banana Chocolate Chip Muffin w/Cheese Stick <u>Apricots</u> Cheese Pizza w/Tossed Salad Chicken Noodle Soup	2 Whole Wheat Breakfast Bun <u>Pears</u> Beef Strips w/Mashed Potatoes & Gravy Mixed Fruit	3 Egg & Colby Breakfast Taco <u>Pineapple</u> Turkey Sub Sandwich w/Baked Chips Apricots	
6 French Toast w/Syrup <u>Applesauce</u> Chicken Nuggets w/Dinner Roll Pears	7 Cinnamon Roll w/Orange Glaze <u>Peaches</u> Bean & Cheese Burrito w/Tossed Salad Pineapple	8 Hummingbird Muffin w/Cheese Stick <u>Mixed Fruit</u> Hot Dogs w/Potato Smiles Senate Bean Soup	9 Sunrise English Muffin <u>Apricots</u> Mac & Cheese w/Chocolate Chip Cookie Peaches	10 Whole Wheat Breakfast Bun <u>Pears</u> Sloppy Joe Sandwich w/Golden Corn Mixed Fruit	<p>LUNCH</p> <p>Choice of...</p> <ul style="list-style-type: none"> - Entrée Special - PB&J Sandwich - Salad with Tuna, Cheese or Turkey - Seasonal Fresh Fruit with Yogurt & Muffin <p>Assorted Whole Fresh Fruit and Vegetables</p>
13 Pancakes w/Syrup <u>Mixed Fruit</u> Chicken Tacos w/Refried Beans Mandarin Oranges	14 Ham & Cheese Quesadilla <u>Apricots</u> Pasta w/Meat Sauce & Dinner Roll Lovely Dessert	15 Pumpkin Muffin w/Cheese Stick <u>Pears</u> Grill Cheese & Mix Fruit Tomato Soup	16 Whole Wheat Breakfast Bun <u>Pineapple</u> Baked Chicken w/Mashed Potatoes & Gravy Apricots	17 Sausage Breakfast Pizza <u>Applesauce</u> Hamburger w/Potato Wedges Pears	
20  PRESIDENT'S DAY	21 Waffle Sticks w/Syrup <u>Mixed Fruit</u> Teriyaki Chicken w/Brown Rice Mandarin Oranges	22 Banana Chocolate Chip Muffin <u>Apricots</u> Chicken Nuggets w/Dinner Roll Minestrone Soup	23 Whole Wheat Breakfast Bun <u>Pears</u> Cheese Pizza w/Tossed Salad Mixed Fruit	24 Egg & Colby Breakfast Taco <u>Pineapple</u> Ham & Cheese Sandwich w/Juice Bar Apricots	 <p>Our Famous Low-Fat Ranch Dressing</p> <p>Milk Varieties:</p> <ul style="list-style-type: none"> Skim White 1% White 1% Chocolate 1% Strawberry
27 French Toast w/Syrup <u>Applesauce</u> Beef Tacos w/Spanish Rice Pears	28 Cinnamon Roll w/Orange Glaze <u>Peaches</u> BBQ Chicken Sandwich w/Tater Gems Pineapple	29 Hummingbird Muffin w/Cheese Stick <u>Mixed Fruit</u> Bean & Cheese Burrito w/Tossed Salad Applesauce			

 Denotes Vegetarian  Denotes Pork  Denotes Turkey  Denotes Beef

Menu is subject to change due to availability



For further information or questions regarding Child Nutrition Program please contact us at (602) 707 2021 -Hablamos Español -

Visit our web site @ www.osbornet.org/Menu

PRICES

FREE Breakfast for all our students
 Lunch full price \$1.05 reduced price 40¢ Adult meals: Breakfast \$1.00 Lunch \$2.00

This institution is an equal opportunity provider.