

# JANUARY



## Osborn Middle School

Monday	Tuesday	Wednesday	Thursday	Friday	<b>BREAKFAST</b>
9 Waffle Sticks w/Syrup & Turkey Sausage Peaches French Bread Cheese Pizza	10 Yogurt Parfait w/Granola Mixed Fruit Orange Chicken Bowl	11 Banana Chocolate Chip Muffin w/Cheese Stick Apricots Beef Chili & Cheese Nachos	12 Whole Wheat Breakfast Bun Pears Meatballs w/Mashed Potatoes & Gravy	13 Egg & Colby Breakfast Taco Pineapple Cheeseburger w/French Fries	<b>Choice of ...</b> Breakfast Special or Reduced Sugar Cereal <b>Offered Daily:</b> Assorted Whole Fresh Fruit Skim & 1% Milk
16 <b>M.L KING JR. DAY</b>	17 French Toast w/Syrup & Turkey Sausage Peaches Taco Salad w/Ground Beef	18 Hummingbird Muffin w/Cheese Stick Mixed Fruit Bean & Cheese Burrito	19 Sunrise English Muffin Apricots Pasta Primavera w/Diced Ham	20 Whole Wheat Breakfast Bun Pears Chicken Patty Sandwich w/Tater Gems	
23 Pancakes w/Syrup & Turkey Sausage Mixed Fruit Baked Chicken w/Waffle Stick & Syrup	24 Ham & Cheese Quesadilla Apricots Rotini w/Meatsauce	25 Pumpkin Muffin w/Cheese Stick Pears Chicken Fajita Bowl	26 Whole Wheat Breakfast Bun Pineapple Hot Chicken Wings w/Celery Sticks	27 Sausage Breakfast Pizza Applesauce Hot Dog w/Potato Wedges	 - Assorted whole fresh fruits and vegetables - Our famous Low-Fat Ranch Dressing - A variety of lean protein sources - Freshly baked Wheat Dinner Rolls
30 Waffle Sticks w/Syrup & Turkey Sausage Peaches French Bread Cheese Pizza	31 Yogurt Parfait w/Granola Mixed Fruit Teriyaki Chicken Bowl				

 Denotes Vegetarian  Denotes Pork  Denotes Turkey  Denotes Beef

Menu is subject to change due to availability



For further information or questions regarding Child Nutrition Program please contact us at (602) 707 2021 -Hablamos Español -

Visit our web site @ [www.osbornnet.org/Menus](http://www.osbornnet.org/Menus)

### PRICES

FREE Breakfast for all our students  
 Lunch full price \$1.05 reduced price 40¢  
 Adult meals: Breakfast \$1.00 Lunch \$2.00