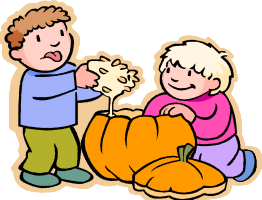





October



Monday	Tuesday	Wednesday	Thursday	Friday	BREAKFAST
3 French Toast w/Syrup Applesauce Beef Tacos w/Spanish Rice Pears	4 Cinnamon Roll w/Orange Glaze Peaches BBQ Chicken Sandwich w/Tater Gems Pineapple	5 Hummingbird Muffin w/Cheese Stick Mixed Fruit Bean & Cheese Burrito w/Tossed Salad Applesauce	6 Sunrise English Muffin Apricots Meatballs w/Mashed Potatoes & Gravy Peaches	7 Whole Wheat Breakfast Bun Pears Chicken Patty Sandwich w/Corn on the Cob Mixed Fruit	Choice of ... Breakfast Special or Reduced Sugar Cereal Offered Daily: Assorted Whole Fresh Fruit Skim & 1% Milk
 <h2 style="color: red;">FALL BREAK</h2> <h3 style="color: red;">Oct 10 to Oct 14</h3> 					LUNCH
10	11	12	13	14	Choice of... - Entrée Special - PB&J Sandwich - Salad with Tuna, Cheese or Turkey - Seasonal Fresh Fruit with Yogurt & Muffin
17 Pancakes w/Syrup Mixed Fruit Corn Dog & Baked Chips Apricots	18 Ham & Cheese Quesadilla Apricots Rotini w/Meatsauce & Tossed Salad Fruit Crisp	19 Pumpkin Muffin w/Cheese Stick Pears Chicken Nuggets w/Dinner Roll Mandarin Oranges	20 Whole Wheat Breakfast Bun Pineapple Fish Sticks w/Rosy Applesauce Mixed Fruit	21 Sausage Breakfast Pizza Applesauce Cheeseburger w/French Fries Pears	Assorted Whole Fresh Fruit and Vegetables
24 Waffle Sticks w/Syrup Peaches Beef & Bean Tostada w/Juice Bar Pineapple	25 Yogurt Prafait w/Granola Mixed Fruit Pasta Primavera w/Chocolate Chip Cookie Applesauce	26 Banana Chocolate Chip Muffin w/Cheese Stick Apricots Cheese Pizza w/Tossed Salad Peaches	27 Whole Wheat Breakfast Bun Pears Beef Strips w/Mashed Potatoes & Gravy Mixed Fruit	28 Egg & Colby Breakfast Taco Pineapple Turkey Sub Sandwich w/Baked Chips Apricots	 Our Famous Low-Fat Ranch Dressing
31 French Toast w/Syrup Applesauce Chicken Nuggets w/Dinner Roll Mystery Dessert					Milk Varieties: Skim White 1% White 1% Chocolate 1% Strawberry

 Denotes Vegetarian  Denotes Pork  Denotes Turkey  Denotes Beef

Menu is subject to change due to availability



For further information or questions regarding Child Nutrition Program please contact us at (602) 707 2021 -Hablamos Español -

Visit our web site @ www.osbornnet.org/Menus

PRICES

FREE Breakfast for all our students
Lunch full price \$1.00 reduced price 40¢
Adult meals: Breakfast \$1.00 Lunch \$2.00

This institution is an equal opportunity provider.