

# Middle

# August 2025

MON

TUE

WED

THU

FRI



**HAVE  
A GREAT  
FIRST DAY**



July

31 Biscuit Breakfast Sandwich



Crispy Chicken Sandwich  
Oven Fries



1

Fruit Frudel

Orange Chicken  
Brown Rice  
Edamame Beans



4

Bagel & cream Cheese

Chicken Drumstick  
Dinner Roll  
Steamed Corn



5

Strawberry Yogurt Parfait

Cheesy Beef Meatball Sub  
Steamed Broccoli



6

Carrot Cake Muffin  
String Cheese

Spicy & Regular Grilled Cheese and Tomato Soup  
Baby Carrots



7

Turkey Sausage Pancake Wrap



Chili Cheese Nachos  
Pinto Beans



8

Snack N' Waffle

Cheese Pizza  
Celery



11

Oatmeal Chocolate Breakfast Bar

Pull-Apart Breadsticks with Marinara  
Cauliflower



12

Fruit Smoothie

Chicken Pot Pie  
Steamed Broccoli



13

Banana Chocolate Chip Muffin  
String Cheese

Chicken Tenders  
Dinner Roll  
Sweet Potato Fries



14

Turkey Sausage Breakfast Burrito

Bean Tostada with Spanish Rice  
Black Beans



15

Whole Grain Donut Bites

Beef Strips and Dinner Roll  
Mashed Potatoes & Gravy



18

Homemade Egg & Cheese Taco

Popcorn Chicken  
Dinner Roll  
Potato Puffs



19

Blueberry Overnight Oats

Homemade Macaroni & Cheese  
Roasted Broccoli



20

Blueberry Sheet Tray Pancakes

Chicken Wings  
Dinner Roll  
Celery



21

Cinnamon Toast Crunch Bar



Walking Taco  
Baby Carrots



22

Fruit Frudel

Crispy Chicken Sandwich  
Baked Beans



25

Bagel & cream Cheese

Chicken & Cheese Quesadilla  
Pinto Beans



26

Blueberry Yogurt Parfait

Teriyaki Chicken  
Brown Rice  
Roasted Carrots



27

Cranberry Orange Muffin  
String Cheese

Cheeseburger  
Oven Fries



28

Chorizo Con Papas with Tortilla



Rotini and Marinara Sauce  
Steamed Broccoli

29

Snack N' Waffle

Chicken Tamale  
Calabacitas



## DAILY OPTIONS

### Breakfast

Breakfast Special  
Whole Grain Cereal  
with Graham Crackers  
Seasonal Whole Fresh Fruit  
100% Fruit Juice  
1% or Skim Milk

### Rotating 3rd Entrée

Monday/Thursday  
Turkey Ham and Cheese Sub  
Tuesday/Friday  
Chicken Ranch Wrap  
Wednesday  
Large Garden Salad with Chicken

### Lunch

Lunch Special  
Peanut Butter & Jelly  
Sandwich



Rotating 3rd Lunch Entrée  
Seasonal Whole Fresh Fruit  
Crispy Garden Salad  
1% or Skim Milk

Mixed Fruit is a combo of pears, peaches, and pineapple.

**\*We serve a pork-free menu\***



We proudly source Arizona-grown produce, beef, and more. Look for this label to spot local items!

**August** is...  
August 3<sup>rd</sup> - National Watermelon Day  
August 27<sup>th</sup> - National Burger Day

## MEAL PRICES

### Osborn Students:

All complete meals at no cost  
Milk \$0.50

### Adults/Visitors:

Breakfast \$2.75

Lunch \$4.75

\*Cash/Check Accepted\*

SCAN  
HERE!



Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020



@nutriliciousosborn