



Date Caramel Sauce

SERVINGS: N/A

PREPPING TIME: 10 MIN

COOKING TIME: 0 MIN

Ingredients

16 pitted medjool dates

1 cup milk of choice

1 tsp vanilla extract

Pinch of salt

Directions

Place all ingredients in a high powered blender.

Blend until completely smooth, 5-8 minutes.

Store in the refrigerator for up to 1 week. Use on fruit, ice cream, yogurt, or brownies.



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 @tea_time_with_tree