Coverage for: Individual + Family | Plan Type: PPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>www.umr.com</u> or by calling 1-844-212-6811. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.umr.com</u> or call 1-844-212-6811 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$750 person / \$1,500 person + one / \$2,250 family In-network \$3,500 person / \$7,000 person + one / \$10,500 family Out-of-network	Generally, you must pay all the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	\$5,500 person / \$11,000 family In-network Unlimited Out-of-network	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Penalties, <u>premiums</u> , <u>balance billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.umr.com or call 1-844-212-6811 for a list of network providers .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All $\underline{\text{copayment}}$ and $\underline{\text{coinsurance}}$ costs shown in this chart are after your $\underline{\text{deductible}}$ has been met, if a $\underline{\text{deductible}}$ applies.

Common		What You Will Pay		Limitations, Exceptions, & Other
Medical Event	Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information
	Primary care visit to treat an injury or illness	\$25 Copay per visit; Deductible Waived	50% Coinsurance	None
If you visit a health care provider's office or clinic	<u>Specialist</u> visit	\$50 Copay per visit; Deductible Waived	50% Coinsurance	None
	Preventive care/screening/ immunization	No charge; Deductible Waived	50% Coinsurance	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	\$25 Copay per visit Non- Hospital lab/pathology; Deductible Waived \$75 Copay per visit Non- Hospital radiology center; Deductible Waived; 20% Coinsurance outpatient setting	50% Coinsurance	None
	Imaging (CT/PET scans, MRIs)	\$25 Copay per visit PCP; \$50 Copay per visit Specialist; Deductible Waived office setting; 20% Coinsurance outpatient setting	50% Coinsurance	Preauthorization is required for certain imaging services. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.

Common	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other
Medical Event		In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information
If you need	Generic drugs (Tier 1)	\$10 Copay per prescription (retail 30-day); \$30 Copay per prescription (mail order and retail 90-day); Deductible does not apply	Not covered	Out-of-pocket limit applies Preauthorization may be required Specialty medications are limited to a 30-day supply and must be filled at Maxor specialty pharmacy
drugs to treat your illness or condition. More information about prescription drug coverage is available at www.maxorplus .com	Preferred brand drugs (Tier 2)	30% up to \$80 maximum per prescription (retail 30-day); 30% up to \$200 maximum per prescription (mail order and retail 90-day); Deductible does not apply	Not covered	
	Non-preferred brand drugs (Tier 3)	30% up to \$200 maximum per prescription (retail 30-day); 30% up to \$500 maximum per prescription (mail order and retail 90-day); Deductible does not apply	Not covered	
	Specialty drugs (Tier 4)	50% up to \$200 maximum (retail 30-day)	Not covered	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	\$250 Copay per visit; Deductible Waived Ambulatory Surgery Center; 20% Coinsurance all other facilities	50% Coinsurance	None
surgery	Physician/surgeon fees	Deductible Waived Ambulatory Surgery Center; 20% Coinsurance	50% Coinsurance	None
If you need immediate	Emergency room care	20% Coinsurance	20% Coinsurance	In-network deductible applies to Out-of-network benefits

Common		What You Will Pay		Limitations, Exceptions, & Other
Medical Event	Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information
medical attention	Emergency medical transportation	20% Coinsurance	20% Coinsurance	In-network deductible applies to Out-of-network benefits
	<u>Urgent care</u>	\$100 Copay per visit; Deductible Waived	50% Coinsurance	None
If you have a	Facility fee (e.g., hospital room)	20% Coinsurance	50% Coinsurance	Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.
hospital stay	Physician/surgeon fees	20% Coinsurance	50% Coinsurance	
If you have mental health, behavioral	Outpatient services	\$25 Copay per visit; Deductible Waived office visits; 20% Coinsurance other outpatient services	50% Coinsurance	Preauthorization is required for Partial hospitalization. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.
health, or substance abuse services	Inpatient services	20% Coinsurance	50% Coinsurance	Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.
If you are pregnant	Office visits	No charge; Deductible Waived	50% Coinsurance	Cost sharing does not apply for preventive services. Depending on the type of services, deductible, copayment or coinsurance may apply. Maternity

Common	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other
Medical Event		In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information
	Childbirth/delivery professional services	20% Coinsurance	50% Coinsurance	care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Childbirth/delivery facility services	20% Coinsurance	50% Coinsurance	
	Home health care	20% Coinsurance	50% Coinsurance	Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.
If you need	Rehabilitation services	20% Coinsurance	50% Coinsurance	CO Maximum vinita nanalan vana
	Habilitation services	20% Coinsurance	50% Coinsurance	60 Maximum visits per plan year.
help recovering or have other special health needs	Skilled nursing care	20% Coinsurance	50% Coinsurance	120 Maximum visits per plan year; Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.
	Durable medical equipment	20% Coinsurance	50% Coinsurance	Preauthorization is required for DME in excess of \$500 for rentals or \$1,500 for purchases. If you don't get preauthorization, benefits could be reduced by \$500 per occurrence.
	Hospice service	20% Coinsurance	50% Coinsurance	None

Common	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other
Medical Event		In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information
	Children's eye exam	Not covered	Not covered	None
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	None
,	Children's dental check-up	Not covered	Not covered	None

Excluded Services & Other Covered Services:

Bariatric surgery

Infertility treatment

Routine eye care (Adult)

Cosmetic surgery

• Long-term care

Routine foot care

Dental care (Adult)

Private-duty nursing

Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

Acupuncture

Hearing aids

 Non-emergency care when traveling outside the U.S.

Chiropractic care

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is U.S. Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the health Insurance Marketplace. For more information about the Marketplace, visit www.healthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also

provide complete information to submit a <u>claim</u>, <u>appeal</u> or a <u>grievance</u> for any reason to your <u>plan</u>. Additionally, a consumer assistance program may help you file your <u>appeal</u>. A list of states with Consumer Assistance Programs is available at <u>www.HealthCare.gov</u> and http://cciio.cms.gov/programs/consumer/capgrants/index.html.

Does this plan Provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan Meet the Minimum Value Standard? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-844-212-6811.

Traditional Chinese (中文): 如果需要中文的幫助, 請撥打這個號碼 1-844-212-6811.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-844-212-6811.

Pennsylvania Dutch (Deitsch): Fer Hilf griege in Deitsch, ruf die do Nummer uff 1-844-212-6811.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-844-212-6811.

Samoan (Gagana Samoa): Mo se fesoasoani i le Gagana Samoa, vala'au mai i le numera telefoni 1-844-212-6811.

Carolinian (Kapasal Falawasch): ngere aukke ghut alillis reel kapasal Falawasch au fafaingi tilifon ye 1-844-212-6811.

Chamorro (Chamoru): Para un ma ayuda gi finu Chamoru, å'gang 1-844-212-6811.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$750
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
■ Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like:

Specialist office visits (pre-natal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost	\$12,700

In this example, Peg would pay:

Cost Sharing		
<u>Deductibles</u>	\$750	
<u>Copayments</u>	\$0	
Coinsurance	\$2,100	
What isn't covered		
Limits or exclusions	\$70	
The total Peg would pay is	\$2,920	

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a wellcontrolled condition)

■ The plan's overall deductible	\$750
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education) Diagnostic tests (blood work)

Prescription drugs

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Durable medical equipment (glucose meter)

Total Example Cost	\$5,600

In this example, Joe would pay:

Cost Sharing	
Deductibles*	\$750
Copayments	\$600
Coinsurance	\$120
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$1,490

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$750
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic tests (x-ray)

Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost \$2.800

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Cost Sharing	
Deductibles*	\$750
Copayments	\$200
Coinsurance	\$300
What isn't covered	
Limits or exclusions	\$10
The total Mia would pay is	\$1,260

Note: These numbers assume the patient does not participate in the plan's wellness program. If you participate in the plan's wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: www.umr.com or call 1-844-212-6811.

*Note: This plan has other deductibles for specific services included in this coverage example. See "Are there other deductibles for specific services?"" row above.