

BREAKFAST

LUNCH

# AUGUST 2022

Elementary

**LIFETIME FOUNDATION**  
HEALTHY PEOPLE. HEALTHY PLANET.



Monday

Tuesday

Wednesday

Thursday

Friday



**Osborn Students:**

All at no cost

**Adults/Visitors:**

Breakfast **\$2.50** Lunch **\$4.50**

\*Cash/Check \*Osborn SD Child Nutrition\*



**Daily Breakfast**

Breakfast Special  
Seasonal Whole Fresh Fruit  
100% Fruit Juice  
1% or Skim Milk

**Daily Lunch**

Lunch Special  
Peanut Butter & Jelly Sandwich  
Rotating 3<sup>rd</sup> Lunch Entrée  
Seasonal Whole Fresh Fruit  
Crispy Garden Salad  
1% or Skim Milk

**Rotating 3<sup>rd</sup> Entrée**

**Monday/Thursday**  
Turkey Ham and Cheese Sub  
**Tuesday/Friday**  
Chicken Ranch Wrap  
**Wednesday**  
Large Garden Salad with Turkey

Cinni Minis

8

Chicken Drumstick & Whole Grain Waffle  
Steamed Corn  
Strawberry Cup

Yogurt with Educational Crackers

9

Meatball Marinara & Breadstick  
Broccoli & Cauliflower  
Pears

Oatmeal Apple Muffin String Cheese

10

Grilled Cheese  
Tomato Soup  
Applesauce

Turkey Sausage Pancake Wrap

11

Chili Cheese Nachos  
Black Beans  
Peaches

Oatmeal Breakfast Bar

12

Cheese Pizza  
Baby Carrots  
Cinnamon Apple Slices

Mini Waffles

15

Teriyaki Chicken  
Yakisoba Noodles  
Edamame Beans  
Applesauce



Egg and Cheese Breakfast Burrito

16

Chicken Pot Pie  
Baby Carrots  
Strawberry Cup

Banana Chocolate Muffin String Cheese

17

Chicken Nuggets  
Dinner Roll  
Broccoli  
Mixed Fruit



Whole Grain Cereal Graham Crackers

18

Bean Tostada  
Spanish Rice  
Elote Corn  
Peaches

Bagel with Cream Cheese

19

Cheeseburger  
Oven Fries  
Strawberry Cup

Cinni Minis

22

Beef Strips  
Dinner Roll  
Mashed Potatoes & Gravy  
Applesauce

Yogurt with Educational Crackers

23

Walking Taco  
Baby Carrots  
Peaches

Hummingbird Muffin String Cheese

24

Chicken Corn Dog  
Tater Tots  
Strawberry Cup



Turkey Sausage Pancake Wrap

25

Chicken Patty Sandwich  
Baked Beans  
Applesauce

Oatmeal Breakfast Bar

26

Cheese Pizza  
Broccoli  
Cinnamon Apple Slices

Mini Waffles

29

Cheese Quesadilla  
Baby Carrots  
Strawberry Cup



Egg and Cheese Breakfast Burrito

30

Penne and Meat Sauce  
Cali Blend Vegetables  
Peaches

Blueberry Muffin String Cheese

31

Popcorn Chicken  
Dinner Roll  
Bean Salad  
Cinnamon Apple Slices

Vegetarian Fish Poultry Pork Beef Gluten Free

Please bear with us as we deal with supply chain issues. Menu items may change due to availability.

This institution is an equal opportunity provider  
Questions? Call the Child Nutrition Office at 602-707-2021