

BREAKFAST

LUNCH



September 2022

Elementary



Monday

Tuesday

Wednesday

Thursday

Friday

Daily Breakfast

Breakfast Special
Seasonal Whole
Fresh Fruit
100% Fruit Juice
1% or Skim Milk

Daily Lunch

Lunch Special
Peanut Butter & Jelly Sandwich
Rotating 3rd Lunch Entrée
Seasonal Whole Fresh Fruit
Crispy Garden Salad
1% or Skim Milk

Rotating 3rd Entrée

Monday/Thursday
Turkey Ham and Cheese Sub
Tuesday/Friday
Chicken Ranch Wrap
Wednesday
Large Garden Salad with Turkey

Whole Grain Cereal
Graham Crackers

Pull Apart Cheese Breadsticks
Marinara Sauce
Strawberry Cups

Bagel with
Cream Cheese

Fish Nuggets
Oven Fries
Applesauce

HAPPY
Labor Day

Yogurt with
Educational Crackers

Zucchini Bread Muffin

Turkey Sausage
Pancake Wrap

Oatmeal Breakfast Bar

Chicken Tamale
Pinto Beans
Applesauce

Beef Hot Dog
Tater Tots
Peaches

Macaroni and Cheese
Broccoli
Strawberry Cup

Homemade Cheese Pizza
Baby Carrots
Applesauce

Mini Waffles

Orange Chicken and Rice
Edamame Beans
Pineapple

Egg and Cheese
Breakfast Burrito

Bean and Cheese Burrito
Elote Corn
Cinnamon Apple Slices

Chocolate Cranberry
Muffin

Chicken Nuggets
Dinner Roll
Baby Carrots
Strawberry Cups

Whole Grain Cereal
Graham Crackers

Chicken Alfredo Pasta
Broccoli
Peaches

Bagel with
Cream Cheese

Cheeseburger
Oven Fries
Applesauce

Cinni Minis

Chicken Drumstick
& Whole Grain Waffle
Steamed Corn
Applesauce

Yogurt with
Educational Crackers

Meatball Marinara
& Cheese Breadstick
Broccoli and Cauliflower
Peaches

Oatmeal Apple Muffin

Grilled Cheese
Tomato Soup
Cinnamon Apple Slices

Turkey Sausage
Pancake Wrap

Chili Cheese Nachos
Black Beans
Mixed Fruit

Oatmeal Breakfast Bar

Homemade Cheese Pizza
Baby Carrots
Applesauce

Mini Waffles

Teriyaki Chicken
Yakisoba Noodles
Edamame Beans
Applesauce

Egg and Cheese
Breakfast Burrito

Chicken Pot Pie
Baby Carrots
Mandarin Oranges

Banana Chocolate
Chip Muffin

Chicken Nuggets
Dinner Roll
Broccoli
Mixed Fruit

Whole Grain Cereal
Graham Crackers

Bean Tostada
Spanish Rice
Baby Carrots
Peaches

Bagel with
Cream Cheese

Cheeseburger
Oven Fries
Applesauce



Please bear with us as we deal with supply chain issues.
Menu items may change due to availability.
This institution is an equal opportunity provider
Questions? Call the Child Nutrition Office at 602-707-2021