

BREAKFAST

LUNCH



September 2022

Elementary-Clarendon



Monday

Tuesday

Wednesday

Thursday

Friday

Daily Breakfast

Breakfast Special
Seasonal Whole
Fresh Fruit
100% Fruit Juice
1% or Skim Milk

Daily Lunch

Lunch Special
Peanut Butter & Jelly Sandwich
Rotating 3rd Lunch Entrée
Seasonal Whole Fresh Fruit
Crispy Garden Salad
1% or Skim Milk

Rotating 3rd Entrée

Monday/Thursday
Turkey Ham and Cheese Sub
Tuesday/Friday
Chicken Ranch Wrap
Wednesday
Large Garden Salad with Turkey

Arizona Department
of Education
Recipe Tasting

Whole Grain Cereal
Graham Crackers
Pull Apart Cheese Breadsticks
Marinara Sauce
Strawberry Cups

1



Bagel with
Cream Cheese
Fish Nuggets
Oven Fries
Applesauce

2



HAPPY
Labor Day

5

Yogurt with
Educational Crackers

6

Chicken Tamale
Pinto Beans
Applesauce



Zucchini Bread Muffin

7

Beef Hot Dog
Tater Tots
Peaches



Turkey Sausage
Pancake Wrap

8

Macaroni and Cheese
Broccoli
Strawberry Cup



Oatmeal Breakfast Bar

9

Homemade Cheese Pizza
Baby Carrots
Applesauce



Mini Waffles

12

Orange Chicken and Rice
Edamame Beans
Pineapple

Egg and Cheese
Breakfast Burrito

13

Bean and Cheese Burrito
Elote Corn
Cinnamon Apple Slices



Chocolate Cranberry
Muffin

14

Chicken Nuggets
Dinner Roll
Baby Carrots
Strawberry Cups

Whole Grain Cereal
Graham Crackers

15

Chicken Alfredo Pasta
Broccoli
Peaches

Bagel with
Cream Cheese

16

Cheeseburger
Oven Fries
Applesauce



Cinni Minis

19

Chicken Drumstick
& Whole Grain Waffle
Steamed Corn
Applesauce

Yogurt with
Educational Crackers

20

Meatball Marinara
& Cheese Breadstick
Broccoli and Cauliflower
Peaches



Oatmeal Apple Muffin

21

Grilled Cheese
Tomato Soup
Cinnamon Apple Slices



Turkey Sausage
Pancake Wrap

22

Chili Cheese Nachos
Black Beans
Mixed Fruit



Oatmeal Breakfast Bar

23

Homemade Cheese Pizza
Baby Carrots
Applesauce



★ Blue Corn Mush

26

Teriyaki Chicken
Yakisoba Noodles
Edamame Beans
Applesauce

Egg and Cheese
Breakfast Burrito

27

★ Three Sister's Enchilada Casserole
Chicken Pot Pie or
Baby Carrots
Mandarin Oranges

★ Triple Berry Parfait

28

Chicken Nuggets
Dinner Roll
Broccoli
Mixed Fruit

Whole Grain Cereal
Graham Crackers

29

★ Bean Tostada or
Soam Bavi Bowl
Spanish Rice
Baby Carrots



Bagel with
Cream Cheese

30

Cheeseburger
Oven Fries
Applesauce



Please bear with us as we deal with supply chain issues.
Menu items may change due to availability.
This institution is an equal opportunity provider
Questions? Call the Child Nutrition Office at 602-707-2021