

 **BREAKFAST**

 **LUNCH**

November 2022

Elementary



Monday

Tuesday

Wednesday

Thursday

Friday

Native American Heritage Month

where we honor and celebrate the rich ancestry, culture and traditions of Native Americans. Join us 11/7 at Encanto/Clarendon to taste a few delicious indigenous foods on our menu!

Cinni Minis **7**

.....
Chicken Drumstick & Whole Grain Waffle
Steamed Corn
Applesauce

Mini Waffles **14**

.....
Teriyaki Chicken
Yakisoba Noodles
Edamame Beans
Applesauce


Cinni Minis **21**

.....
Chicken Tenders
Dinner Roll
Vegetable Variety
Applesauce


Mini Waffles **28**

.....
Cheese Quesadilla
Pinto Beans
Applesauce

Whole Grain Cereal
Graham Crackers **1**

.....
Bean and Cheese Burrito
Elote Corn
Cinnamon Apple Slices 

Yogurt with
Educational Crackers **8**

.....
Meatball Marinara & Cheese Breadstick
Broccoli & Cauliflower
Mixed Fruit 


Whole Grain Cereal
Graham Crackers **15**

.....
Cheese Pizza
Baby Carrots
Cinnamon Apple Slices 

Hummingbird Muffin
String Cheese **22**

.....
Chicken Corn Dog
Tater Tots
Fruit Variety


Whole Grain Cereal
Graham Crackers **29**

.....
Pasta and Meat Sauce
Cali Blend Vegetables
Peaches 


Chocolate Cranberry
Muffin, String Cheese **2**

.....
Chicken Nuggets & Dinner Roll
Chicken Noodle Soup
Baby Carrots
Mixed Fruit

Oatmeal Apple Muffin
String Cheese **9**

.....
Grilled Cheese
Tomato Soup
Cinnamon Apple Slices 

Banana Chocolate Muffin
String Cheese **16**

.....
Hot Dog
Broccoli
Peaches 

November is
NATIVE AMERICAN HERITAGE MONTH


Blueberry Muffin
String Cheese **30**

.....
Popcorn Chicken
Dinner Roll
Minestrone Soup
Cinnamon Apple Slices


Turkey Sausage
Pancake Wrap **3**

.....
Chicken Alfredo Pasta
Broccoli
Peaches


Whole Grain Cereal
Graham Crackers **10**

.....
Chili Cheese Nachos
Black Beans
Peaches 

Whole Grain Cereal
Graham Crackers **17**

.....
Turkey Day!
Mashed Potatoes
Green Beans
Dinner Roll
Pumpkin Muffin 


Bagel with
Cream Cheese **4**

.....
Cheeseburger
Oven Fries
Applesauce 

11



Bagel with
Cream Cheese **18**

.....
Grilled Cheese
Oven Fries
Applesauce 

25

Thanksgiving Recess



Daily Breakfast

Breakfast Special
Seasonal Whole
Fresh Fruit
100% Fruit Juice
1% or Skim Milk

Daily Lunch

Lunch Special
Peanut Butter & Jelly Sandwich
Rotating 3rd Lunch Entrée
Seasonal Whole Fresh Fruit
Crispy Garden Salad
1% or Skim Milk

Rotating 3rd Entrée

Monday/Thursday
Turkey Ham and Cheese Sub
Tuesday/Friday
Chicken Ranch Wrap
Wednesday
Large Garden Salad with Turkey



Vegetarian



Fish



Poultry



Gluten Free



Pork



Beef

Please bear with us as we deal with supply chain issues.
Menu items may change due to availability.
This institution is an equal opportunity provider
Questions? Call the Child Nutrition Office at 602-707-2021