

BREAKFAST

LUNCH

November 2022

Elementary – Encanto/Clarendon

LIFETIME FOUNDATION
HEALTHY PEOPLE. HEALTHY PLANET.



Monday

Tuesday

Wednesday

Thursday

Friday

November is Native American Heritage Month where we honor and celebrate the rich ancestry, culture and traditions of Native Americans. Join us 11/7 at Encanto/Clarendon to taste a few delicious indigenous foods on our menu!

Cinni Minis
Chicken Drumstick & Whole Grain Waffle
Soam Bavi Bowl
Blue Corn Mush
Steamed Corn
Applesauce

Mini Waffles
Teriyaki Chicken
Yakisoba Noodles
Edamame Beans
Applesauce

Cinni Minis
Chicken Tenders
Dinner Roll
Vegetable Variety
Applesauce

Mini Waffles
Cheese Quesadilla
Baby Carrots
Strawberry Cup

Whole Grain Cereal
Graham Crackers
Bean and Cheese Burrito
Elote Corn
Cinnamon Apple Slices

Yogurt with Educational Crackers
Meatball Marinara & Cheese Breadstick
Broccoli & Cauliflower
Mixed Fruit

Whole Grain Cereal
Graham Crackers
Cheese Pizza
Baby Carrots
Cinnamon Apple Slices

Hummingbird Muffin
String Cheese
Chicken Corn Dog
Tater Tots
Fruit Variety

Whole Grain Cereal
Graham Crackers
Penne and Meat Sauce
Cali Blend Vegetables
Peaches

Chocolate Cranberry Muffin, String Cheese
Chicken Nuggets & Dinner Roll
Chicken Noodle Soup
Baby Carrots
Mixed Fruit

Oatmeal Apple Muffin
String Cheese
Grilled Cheese
Tomato Soup
Cinnamon Apple Slices

Banana Chocolate Muffin
String Cheese
Hot Dog
Broccoli
Peaches

November is NATIVE AMERICAN HERITAGE MONTH

Blueberry Muffin
String Cheese
Popcorn Chicken
Dinner Roll
Minestrone Soup
Cinnamon Apple Slices

Turkey Sausage Pancake Wrap
Chicken Alfredo Pasta
Broccoli
Peaches

Whole Grain Cereal
Graham Crackers
Chili Cheese Nachos
Black Beans
Peaches

Whole Grain Cereal
Graham Crackers
Turkey Day!
Mashed Potatoes
Green Beans
Dinner Roll
Pumpkin Muffin

Thanksgiving Recess

Bagel with Cream Cheese
Cheeseburger
Oven Fries
Applesauce

THANK YOU veterans
NOVEMBER 11TH

Bagel with Cream Cheese
Grilled Cheese
Oven Fries
Applesauce

Daily Breakfast

Breakfast Special
Seasonal Whole Fresh Fruit
100% Fruit Juice
1% or Skim Milk

Daily Lunch

Lunch Special
Peanut Butter & Jelly Sandwich
Rotating 3rd Lunch Entrée
Seasonal Whole Fresh Fruit
Crispy Garden Salad
1% or Skim Milk

Rotating 3rd Entrée

Monday/Thursday
Turkey Ham and Cheese Sub
Tuesday/Friday
Chicken Ranch Wrap
Wednesday
Large Garden Salad with Turkey



Vegetarian



Fish



Poultry



Gluten Free



Pork



Beef

Please bear with us as we deal with supply chain issues. Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2021