

 **BREAKFAST**

 **LUNCH**

December 2022

Elementary

LIFETIME FOUNDATION
HEALTHY PEOPLE. HEALTHY PLANET.



Monday



Tuesday

Wednesday

Thursday

Friday

December is...

National PEAR Month!



Mini Cinnis

5

.....
Chicken Tamale
Pinto Beans
Pears



Yogurt with Educational Crackers

6

.....
Breakfast for Lunch
Hash Browns
Peaches



Zucchini Bread Muffin

7

.....
Beef Hot Dog
Pozole Soup
Cinnamon Apple Slices



Whole Grain Cereal
Graham Crackers

8

.....
Macaroni and Cheese
Broccoli
Mixed Fruit



Oatmeal Breakfast Bar

9

.....
Homemade Cheese Pizza
Baby Carrots
Pears



Mini Waffles

12

.....
Orange Chicken and Rice
Edamame Beans
Pineapple

Whole Grain Cereal
Graham Crackers

13

.....
Bean and Cheese Burrito
Elote Corn
Pears



Chocolate Cranberry Muffin

14

.....
Chicken Nuggets
Dinner Roll
Chicken Chili White Bean Soup
Mixed Fruit



Turkey Sausage
Pancake Wrap

15

.....
Chicken Alfredo Pasta
Broccoli
Peaches

Bagel with Cream Cheese

16

.....
Cheeseburger
Oven Fries
Applesauce



Oatmeal Breakfast Bar

19

.....
Chicken Patty Sandwich
Vegetable Variety
Pears

Whole Grain Cereal
Graham Crackers

20

.....
Cheese Pizza
Tater Tots
Strawberry Cup



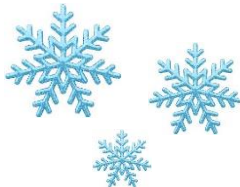
Daily Breakfast

Breakfast Special
Seasonal Whole Fresh Fruit
100% Fruit Juice
1% or Skim Milk

Daily Lunch

Lunch Special
Peanut Butter & Jelly Sandwich
Rotating 3rd Lunch Entrée
Seasonal Whole Fresh Fruit
Crispy Garden Salad
1% or Skim Milk

Rotating 3rd Entrée
Monday/Thursday
Turkey Ham and Cheese Sub
Tuesday/Friday
Chicken Ranch Wrap
Wednesday
Large Garden Salad with Turkey



Enjoy your winter break!



Vegetarian



Fish



Poultry



Pork



Beef



Gluten-Free

Please bear with us as we deal with supply chain issues.

Menu items may change due to availability.

This institution is an equal opportunity provider

Questions? Call the Child Nutrition Office at 602-707-2021