

 **BREAKFAST**

 **LUNCH**

February 2023

Middle



Monday

Daily Breakfast

Breakfast Special
Seasonal Whole
Fresh Fruit
100% Fruit Juice
1% or Skim Milk

Daily Lunch

Lunch Special
Peanut Butter & Jelly Sandwich
Rotating 3rd Lunch Entrée
Seasonal Whole Fresh Fruit
Garden Salad Bar
1% or Skim Milk

Tuesday


Rotating 3rd Entrée

Monday/Thursday
Turkey Ham and Cheese Sub
Tuesday/Friday
Chicken Ranch Wrap
Wednesday
Large Garden Salad with Turkey


Wednesday

Zucchini Bread Muffin **1**
String Cheese
.....
Beef Hot Dog
Chicken Chili White Bean Soup 

Thursday

Whole Grain Cereal **2**
Graham Crackers
.....
Macaroni and Cheese 


Friday

Oatmeal Breakfast Bar **3**
.....
Homemade Cheese Pizza 


Cinni Minis **6**
.....


Orange Chicken and Rice

Whole Grain Cereal **7**
Graham Crackers
.....

Bean and Cheese Burrito
Elote Corn 


Chocolate Cranberry **8**
Muffin & String Cheese
.....

Chicken Nuggets
Dinner Roll
Chicken Noodle Soup 

Turkey Sausage **9**
Pancake Wrap 

Chicken Alfredo Pasta


Bagel with **10**
Cream Cheese
.....

Cheeseburger
Oven Fries 


Mini Waffles **13**
.....

Chicken Drumstick
& Whole Grain Waffle

Cinnamon Bun **14**
.....

Chicken Meatball Marinara
& Cheese Breadstick 


Oatmeal Apple Muffin **15**
.....

Grilled Cheese
Tomato Soup 

Yogurt with **16**
Educational Crackers

Chili Cheese Nachos 


Oatmeal Breakfast Bar **17**
.....

Homemade Cheese Pizza 




Whole Grain Cereal **21**
Graham Crackers
.....

Orange Chicken
Yakisoba Noodles


Banana Chocolate **22**
Chip Muffin
.....

Chicken Nuggets
Dinner Roll
Pozole Soup

Turkey Sausage **23**
Pancake Wrap 

Bean Tostada 



Bagel with **24**
Cream Cheese
.....

Cheeseburger
Oven Fries 

Cinni Minis **27**
.....

Beef Strips 
Dinner Roll
Mashed Potatoes & Gravy

Yogurt with **28**
Educational Crackers
.....

Walking Taco 




 Vegetarian  Fish  Poultry  Pork  Beef  Gluten Free

Please bear with us as we deal with supply chain issues.
Menu items may change due to availability.
This institution is an equal opportunity provider
Questions? Call the Child Nutrition Office at 602-707-2021