

BREAKFAST

LUNCH

March 2023

Elementary

LIFETIME FOUNDATION
HEALTHY PEOPLE. HEALTHY PLANET.



Monday

Tuesday

Wednesday

Thursday

Friday



Honey Bun 6

Cheese Quesadilla
Baby Carrots
Strawberry Cup

Chicken Sausage Pancake Sandwich 7

Pasta and Meat Sauce
Bean Salad
Pears

Hummingbird Muffin String Cheese 1

Chicken Corn Dog
Minestrone Soup
Strawberry Cup

NEW Very Berry Muffin String Cheese 8

Popcorn Chicken
Dinner Roll
Chicken Noodle Soup
Peaches

Whole Grain Cereal Graham Crackers 2

Chicken Patty Sandwich
Baked Beans
Cinnamon Apple Slices

Smoothies in the Cafeteria! 9

Pull Apart Cheese Breadsticks
Marinara Sauce
Mixed Fruit

Oatmeal Breakfast Bar 3

Cheese Pizza
Broccoli
Peaches

Turkey Sausage & Egg Breakfast Bagel 10

Fish Nuggets
Oven Fries
Applesauce



Cinni Minis 20

Chicken Tamale
Pinto Beans
Mixed Berry Cup

Yogurt with Educational Crackers 21

Breakfast for Lunch
Hash Browns
Pears

Zucchini Bread Muffin String Cheese 22

Beef Hot Dog
Buffalo Chipotle Cauliflower
Strawberry Cup

Whole Grain Cereal Graham Crackers 23

Macaroni and Cheese
Broccoli
Mixed Fruit

Oatmeal Breakfast Bar 24

Homemade Cheese Pizza
Baby Carrots
Applesauce

Mini Waffles 27

Orange Chicken and Rice
Edamame Beans
Peach Cup

Whole Grain Cereal Graham Crackers 28

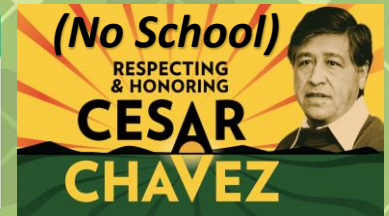
Bean and Cheese Burrito
Elote Corn
Pears

Chocolate Cranberry Muffin & String Cheese 29

Chicken Nuggets
Dinner Roll
Baby Carrots
Strawberry Cup

Bagel with Cream Cheese 30

Cheeseburger
Oven Fries
Applesauce



Daily Breakfast

Breakfast Special
Seasonal Whole
Fresh Fruit
100% Fruit Juice
1% or Skim Milk

Daily Lunch

Lunch Special
Peanut Butter & Jelly Sandwich
Rotating 3rd Lunch Entrée
Seasonal Whole Fresh Fruit
Crispy Garden Salad
1% or Skim Milk

Rotating 3rd Entrée

Monday/Thursday
Turkey Ham and Cheese Sub
Tuesday/Friday
Chicken Ranch Wrap
Wednesday
Large Garden Salad with Turkey



Vegetarian



Fish



Poultry



Gluten Free



Pork



Beef

Please bear with us as we deal with supply chain issues.
Menu items may change due to availability.
This institution is an equal opportunity provider
Questions? Call the Child Nutrition Office at 602-707-2021