

BREAKFAST

LUNCH

March 2023

Middle

LIFETIME FOUNDATION
HEALTHY PEOPLE. HEALTHY PLANET.



Monday

Tuesday

Wednesday

Thursday

Friday



Chorizo & Potato Breakfast Tacos 6

Chicken & Cheese Quesadilla

Chicken Sausage Pancake Sandwich 7

Pasta and Meat Sauce

NEW Very Berry Muffin String Cheese 8

Popcorn Chicken Dinner Roll
Chicken Noodle Soup

Smoothies in the Cafeteria! 9

Pull Apart Cheese Breadsticks
Marinara Sauce

Turkey Ham and Cheese Croissant 10

Fish Tacos
Oven Fries



National School Breakfast Week
MARCH 6-10, 2023



Cinni Minis 20

Chicken Tamale
Pinto Beans

Fruit & Yogurt Parfait 21

Breakfast for Lunch
Hash Browns

Zucchini Bread Muffin String Cheese 22

Beef Hot Dog
Side of Macaroni and Cheese

Whole Grain Cereal Graham Crackers 23

Cheese Enchiladas

Oatmeal Breakfast Bar 24

Turkey Pepperoni Pizza
Cheese Pizza
Veggie Pizza

Mini Waffles 27

Orange Chicken and Rice

Whole Grain Cereal Graham Crackers 28

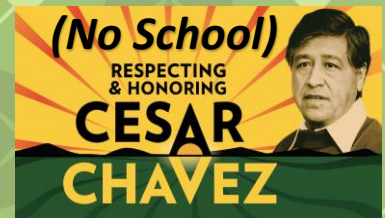
Bean and Cheese Burrito
Elote Corn

Chocolate Cranberry Muffin & String Cheese 29

Chicken Nuggets
Dinner Roll

Bagel with Cream Cheese 30

Cheeseburger
Oven Fries



Daily Breakfast

Breakfast Special
Seasonal Whole Fresh Fruit
100% Fruit Juice
1% or Skim Milk

Daily Lunch

Lunch Special
Peanut Butter & Jelly Sandwich
Rotating 3rd Lunch Entrée
Seasonal Whole Fresh Fruit
Garden Salad Bar
1% or Skim Milk



Vegetarian



Fish



Poultry



Gluten Free



Pork



Beef

Please bear with us as we deal with supply chain issues.
Menu items may change due to availability.
This institution is an equal opportunity provider
Questions? Call the Child Nutrition Office at 602-707-2021