

 **BREAKFAST**

 **LUNCH**

APRIL 2023

Middle

LIFETIME FOUNDATION
HEALTHY PEOPLE. HEALTHY PLANET.



Monday

Manager's Choice Breakfast **3**
.....
Chicken Drumstick & Whole Grain Waffle

Manager's Choice Breakfast **10**
.....
Teriyaki Chicken & Noodles
★ Fortune Cookie

Chorizo Breakfast Taco **17**
.....
Popcorn Chicken Dinner Roll
Mashed Potatoes & Gravy

Mini Waffles **24**
.....
★ Chicken Burrito Bowl

Tuesday

Chorizo Breakfast Taco **4**
.....
Chicken Pot Pie

Breakfast Sandwich **11**
.....
★ Cheesy Meatball Sub

Fruit and Yogurt Smoothies **18**
.....
Walking Taco

Breakfast Sandwich **25**
.....
Pasta and Meat Sauce

Wednesday

Oatmeal Apple Muffin String Cheese **5**
.....
Grilled Cheese Tomato Soup

Banana Chocolate Chip Muffin & String Cheese **12**
.....
Chicken Nuggets Dinner Roll

Hummingbird Muffin String Cheese **19**
.....
Chicken Corn Dog
Side of Macaroni & Cheese

★ Cranberry Orange Muffin String Cheese **26**
.....
Chicken Tenders Dinner Roll

Thursday

Fruit and Yogurt Parfait Graham Crackers **6**
.....
Chili Cheese Nachos

Turkey Sausage Pancake Wrap **13**
.....
Bean Tostada Elote Corn

Oatmeal Breakfast Bar **20**
.....
Homemade Cheese Pizza
Pepperoni Pizza
Veggie Pizza

Turkey Sausage Pancake Wrap **27**
.....
Pull Apart Cheese Breadsticks
Marinara Sauce

Friday

Oatmeal Breakfast Bar **7**
.....
Homemade Cheese Pizza
Pepperoni Pizza
Veggie Pizza

Bagel with Cream Cheese **14**
.....
Cheeseburger Oven Fries

NO SCHOOL!

Bagel with Cream Cheese **28**
.....
Fish Tacos
Oven Fries

Daily Breakfast

Breakfast Special
Seasonal Whole
Fresh Fruit
100% Fruit Juice
1% or Skim Milk

Daily Lunch

Lunch Special
Peanut Butter & Jelly Sandwich
Rotating 3rd Lunch Entrée
Seasonal Whole Fresh Fruit
Garden Salad Bar
1% or Skim Milk

Rotating 3rd Entrée

Tuesday/Thursday
Tuna Sandwich

Monday/Wednesday/Friday
Vegetarian Bento Box



Vegetarian



Fish



Poultry



Gluten Free



Pork



Beef

Please bear with us as we deal with supply chain issues.

Menu items may change due to availability.

This institution is an equal opportunity provider

Questions? Call the Child Nutrition Office at 602-707-2021