

BREAKFAST

LUNCH

May 2023

Middle

LIFETIME FOUNDATION
HEALTHY PEOPLE. HEALTHY PLANET.



Monday

Cinnamon Bun **1**

Chicken Tamale

Cinnamon Bun **8**

Orange Chicken and Rice

Mini Waffles **15**

Chicken Drumstick & Whole Grain Waffle

Bagel with Cream Cheese **22**

Teriyaki Chicken
Yakisoba Noodles

Tuesday

Fruit and Yogurt Smoothies & Graham Crackers **2**

Breakfast for Lunch
Hash Browns

Fruit and Yogurt Parfait
Graham Crackers **9**

Bean and Cheese Burrito
Elote Corn

Breakfast Sandwich **16**

Chicken Corn Dog

Chorizo Breakfast Taco **23**

Chicken Nuggets
Dinner Roll

Wednesday

Zucchini Bread Muffin
String Cheese **3**

Beef Hot Dog
Sweet Potato Fries

Chocolate Cranberry
Muffin & String Cheese **10**

Chicken Nuggets
Dinner Roll

Carrot Cake Muffin
String Cheese **17**

Grilled Cheese
Tomato Soup

Manager's Choice
Breakfast **24**

Build-Your-Own Meatball Sub

Thursday

Breakfast Sandwich **4**

Chicken Pot Pie

Chorizo Breakfast Taco **11**

Chicken Alfredo Pasta

Cinnamon Bun **18**

Chili Cheese Nachos
Black Beans

Manager's Choice
Breakfast **25**

Manager's Choice Lunch

Friday

Oatmeal Breakfast Bar **5**

Homemade Cheese Pizza
Pepperoni Pizza
Veggie Pizza

Bagel with
Cream Cheese **12**

Cheeseburger
Oven Fries

Oatmeal Breakfast Bar **19**

Homemade Cheese Pizza

Manager's Choice
Breakfast **26**

Manager's Choice Lunch

SCHOOL LUNCH HERO DAY

SUMMER



BREAK

Daily Breakfast

Breakfast Special
Seasonal Whole
Fresh Fruit
100% Fruit Juice
1% or Skim Milk

Daily Lunch

Lunch Special
Peanut Butter & Jelly Sandwich
Rotating 3rd Lunch Entrée
Seasonal Whole Fresh Fruit
Garden Salad Bar
1% or Skim Milk

Rotating 3rd Entrée

Tuesday/Thursday
Tuna Sandwich
Monday/Wednesday/Friday
Vegetarian Bento Box



Vegetarian



Fish



Poultry



Gluten Free



Pork



Beef

Please bear with us as we deal with supply chain issues.
Menu items may change due to availability.
This institution is an equal opportunity provider
Questions? Call the Child Nutrition Office at 602-707-2021